

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Thurston County

What is your age?

n = 511

18 - 34	28.9%	(± 4.7%)
35 - 54	44.3	(± 4.8)
55 - 74	17.0	(± 3.3)
75+	9.8	(± 2.9)

Gender

n = 511

Male	50.2%	(± 4.9%)
Female	49.8	(± 4.9)

Which one of these groups would you say best represents your race...

n = 506

White	92.6%	(± 3.1%)
Black or African American	1.2	(± 1.4)
Asian	2.2	(± 2.0)
Native Hawaiian or Other Pacific Islander	0.6	(± 0.8)
American Indian, Alaska Native	1.8	(± 1.6)
Other race	1.4	(± 1.1)
No preferred race	0.3	(± 0.4)

Are you Hispanic or Latino/Latina?

n = 511

Yes	2.4%	(± 1.7%)
No	97.6	(± 1.7)

Marital status

n = 511

Married	57.6%	(± 4.8%)
Divorced	11.2	(± 2.7)
Widowed	6.4	(± 1.9)
Separated	1.4	(± 0.9)
Never been married	18.4	(± 4.3)
Or a member of an unmarried couple	5.0	(± 2.0)

How many children less than 18 years of age live in your household?

n = 511

None	60.9%	(± 4.8%)
1	17.9	(± 3.9)
2	13.1	(± 3.2)
3 or more	8.1	(± 2.7)

What is the highest grade or year of school you completed?

n = 510

Some high school or less	9.3%	(± 3.0%)
High school graduate or GED	21.1	(± 4.3)
Some college or technical school	32.9	(± 4.6)
College graduate or more	36.7	(± 4.6)

* Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 511	
Employed for wages	55.5%	(± 4.8%)
Self-employed	9.8	(± 3.0)
Out of work	6.6	(± 2.4)
Homemaker	3.2	(± 1.4)
Student	4.3	(± 2.4)
Retired	16.7	(± 3.3)
Or unable to work	4.0	(± 1.9)

Annual household income from all sources	n = 456	
Less than \$20,000	10.0%	(± 2.8%)
\$20,000 to less than \$50,000	48.7	(± 5.1)
\$50,000 or more	41.3	(± 5.1)

Have you smoked at least 100 cigarettes in your entire life?	n = 707	
Yes	51.1%	(± 4.2%)
No	48.9	(± 4.2)

<i>Among those that have smoked at least 100 cigarettes in their entire life:</i>		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 372	
Everyday	33.9%	(± 5.3%)
Some days	11.3	(± 4.2)
Not at all	54.7	(± 5.6)

<i>Among current smokers:</i>		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 154	
Yes	58.9%	(± 8.8%)
No	41.1	(± 8.8)

Current cigarette smoking prevalence:	n = 707	
(every day or some day smokers among the whole population)	23.1%	(± 3.6%)

<i>Among those that have smoked at least 100 cigarettes:</i>		
Did you smoke any cigarettes during the past 30 days?	n = 260	
Yes	46.7%	(± 6.8%)
No	53.3	(± 6.8)

<i>Among those that have smoked in the past 30 days:</i>		
On how many days of the past 30 days did you smoke cigarettes?	n = 109	
Less than 30 days	40.1%	(± 11.1%)
30 days	59.9	(± 11.1)

<i>Among those that have smoked in the past 30 days:</i>		
On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 111	
Average:	13.1	(± 1.8)

* Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 503
Yes	25.5% (± 4.5%)
No	74.5 (± 4.5)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 106
None	76.1% (± 9.4%)
Less than 30 days	7.1 (± 5.5)
30 days	16.8 (± 8.4)

Current smokeless tobacco prevalence:	n = 503
(any use in past 30 days among the whole population)	6.1% (± 2.7%)

Do you currently smoke tobacco in a pipe?	n = 502
Yes	0.8% (± 0.9%)
No	99.2 (± 0.9)

In the past month, have you smoked a cigar, even just a puff?	n = 502
Yes	8.8% (± 3.2%)
No	91.2 (± 3.2)

In the past month, have you smoked bidis?	n = 501
Yes	1.1% (± 1.3%)
No	98.9 (± 1.3)

In the past month, have you smoked clove cigarettes?	n = 501
Yes	2.9% (± 2.4%)
No	97.1 (± 2.4)

Current tobacco use (all types of tobacco)	n = 502
Current daily tobacco user	31.7% (± 4.8%)
Current non-tobacco user	68.3 (± 4.8)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 147
Within the past month (less than 1 month ago)	3.2% (± 3.6%)
Within the past 3 months (1-3 months ago)	2.7 (± 3.4)
Within the past 6 months (3-6 months ago)	3.9 (± 4.6)
Within the past year (6-12 months ago)	18.4 (± 7.3)
Within the past 5 years (1-5 years ago)	20.7 (± 6.8)
Within the past 15 years (5-15 years ago)	50.0 (± 8.8)
More than 15 years ago	1.1 (± 1.4)
Never used regularly	0.0 (± 0.0)

* Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 139

Average: 19.4 (± 2.6)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 136

Yes 38.8% (± 9.4%)

No 61.2 (± 9.4)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 136

Yes 1.1% (± 2.2%)

No 98.9 (± 2.2)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 136

Yes 7.4% (± 5.0%)

No 92.6 (± 5.0)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 258

Strongly agree 39.6% (± 6.7%)

Somewhat agree 25.0 (± 6.1)

Somewhat disagree 18.6 (± 5.8)

Or strongly disagree 16.9 (± 5.4)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 265

Within the past year (1-12 months) 39.6% (± 6.4%)

Within the past three years (1-3 years) 4.4 (± 3.2)

3 or more years ago 25.1 (± 5.4)

They never advised me to quit 31.0 (± 6.6)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 269

Within the past year (1-12 months) 22.6% (± 5.6%)

Within the past three years (1-3 years) 9.1 (± 4.3)

3 or more years ago 15.0 (± 4.3)

They never advised me to quit 53.3 (± 6.8)

* Estimates based on sample sizes less than 50 were omitted.

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?	n = 264	
Within the past year (1-12 months)	9.6%	(± 4.2%)
Within the past three years (1-3 years)	3.5	(± 2.3)
3 or more years ago	7.6	(± 3.5)
They never advised me to quit	79.3	(± 5.5)

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?	n = 144	
Yes	47.9%	(± 9.3%)
No	52.1	(± 9.3)

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?	n = 255	
0	14.8%	(± 5.6%)
1-2	43.1	(± 6.9)
3-5	24.5	(± 5.8)
6 or more	17.5	(± 5.2)

**About how long has it been since you last visited a DOCTOR for a routine
checkup?**

n = 496

Within the past year (1-12 months ago)	73.2%	(± 4.5%)
Within the past two years (1-2 years ago)	14.1	(± 3.6)
Within the past 3 years (2-3 years ago)	3.9	(± 1.9)
Within the past 5 years (3-5 years ago)	3.3	(± 1.8)
5 or more years ago	4.7	(± 2.3)
Never	0.7	(± 1.0)

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .**

n = 441

Your employer	45.3%	(± 5.2%)
Someone else's employer	17.1	(± 4.1)
A plan that you or someone buys on your own	9.8	(± 3.1)
Medicare	14.8	(± 3.5)
Medicaid or Medical Assistance	5.3	(± 2.5)
The military, CHAMPUS, or the VA	7.4	(± 2.8)
The Indian Health Service	0.3	(± 0.4)
Some other source	0.1	(± 0.3)

Among current and recent former smokers:

**Within the past year, have you heard about any programs in your community to
help you quit using tobacco, such as classes, support groups or counseling
services?**

n = 117

Yes	49.4%	(± 10.5%)
No	50.6	(± 10.5)

* Estimates based on sample sizes less than 50 were omitted.

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 118

Yes	5.9%	(± 6.0%)
No	94.1	(± 6.0)

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 88

Yes	33.2%	(± 11.1%)
No	28.7	(± 11.2)
Don't know/Not sure	38.1	(± 11.7)

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 118

Yes	18.4%	(± 7.5%)
No	81.6	(± 7.5)

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 118

Yes	43.3%	(± 10.4%)
No	56.7	(± 10.4)

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 51

Yes	6.9%	(± 6.9%)
No	93.1	(± 6.9)

Among current tobacco users:

Would you like to quit using tobacco? n = 128

Yes	61.7%	(± 9.6%)
No	38.3	(± 9.6)

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 82

Yes	87.1%	(± 7.5%)
No	12.9	(± 7.5)

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 76

Yes	40.5%	(± 12.9%)
No	47.2	(± 13.3)
Don't know/Not sure	12.3	(± 8.9)

* Estimates based on sample sizes less than 50 were omitted.

Are you currently registered to vote?		n = 495
Yes	85.4%	(± 3.8%)
No	14.6	(± 3.8)

Which of the following statements best describes the rules about smoking in your home. . .		n = 498
No one is allowed to smoke anywhere inside your home	82.8%	(± 3.7%)
Smoking is allowed at some places or at some times	10.6	(± 3.0)
Smoking is permitted anywhere inside your home	6.6	(± 2.4)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?		n = 501
No current smokers in household	67.3%	(± 4.7%)
1	21.0	(± 4.0)
2	10.1	(± 3.2)
3 or more	1.6	(± 1.9)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?		n = 500
None	84.6%	(± 3.5%)
Less than 30	6.6	(± 2.3)
30 days	8.8	(± 2.8)

If it were just up to you, would you let people smoke inside your home?		n = 497
Yes	10.5%	(± 3.0%)
No	89.5	(± 3.0)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .		n = 312
Office	43.3%	(± 6.2%)
Store	10.2	(± 3.9)
Restaurant or Bar	3.6	(± 2.5)
Warehouse or factory	3.7	(± 2.4)
Home/Someone elses home	9.6	(± 3.9)
Outdoors	13.5	(± 4.8)
Car or truck	3.2	(± 2.2)
Classroom	8.8	(± 3.1)
Hospital	3.1	(± 1.8)
Somewhere else	1.1	(± 1.6)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?		n = 313
Yes	9.4%	(± 4.1%)
No	90.6	(± 4.1)

* Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 307

Yes	4.1%	(± 2.6%)
No	95.9	(± 2.6)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 310

Yes	2.7%	(± 1.8%)
No	97.3	(± 1.8)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 313

None	80.6%	(± 5.4%)
Less than one hour	6.7	(± 3.2)
One hour or more	12.7	(± 4.8)

In general, would you say that breathing secondhand smoke is. . . n = 497

Not at all annoying to you	13.9%	(± 3.5%)
A little bit annoying	13.5	(± 3.7)
Somewhat annoying	23.3	(± 4.2)
Very annoying to you	49.3	(± 5.0)

Would you say that breathing secondhand smoke is. . . n = 487

Not at all harmful	1.4%	(± 1.2%)
A little bit harmful	7.1	(± 2.6)
Somewhat harmful	26.9	(± 4.6)
Very harmful	64.6	(± 4.9)

All people should be protected from secondhand smoke. n = 481

Strongly agree	58.7%	(± 5.0%)
Somewhat agree	22.5	(± 4.2)
Somewhat disagree	10.7	(± 3.2)
Strongly disagree	8.0	(± 3.0)

All children should be protected from secondhand smoke. n = 492

Strongly agree	89.2%	(± 3.1%)
Somewhat agree	6.2	(± 2.3)
Somewhat disagree	2.7	(± 1.7)
Strongly disagree	1.9	(± 1.5)

Do you think that smoking should be completely banned in restaurants? n = 499

Yes	68.4%	(± 4.7%)
No	29.2	(± 4.6)
Don't know/Not sure	2.4	(± 1.4)

* Estimates based on sample sizes less than 50 were omitted.

Do you think that smoking should be completely banned in bars and lounges?		n = 499
Yes	36.6%	(± 4.7%)
No	56.8	(± 4.9)
Don't know/Not sure	6.6	(± 2.2)

Do you think that smoking should be completely banned in outdoor public areas where children may be present?		n = 499
Yes	53.3%	(± 5.0%)
No	41.1	(± 4.9)
Don't know/Not sure	5.6	(± 2.1)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 487
Strongly agree	53.3%	(± 5.0%)
Somewhat agree	21.5	(± 4.0)
Somewhat disagree	17.1	(± 3.9)
Strongly disagree	8.2	(± 2.8)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 479
Strongly agree	52.5%	(± 5.0%)
Somewhat agree	26.5	(± 4.4)
Somewhat disagree	11.8	(± 3.3)
Strongly disagree	9.2	(± 2.9)

School officials should make sure that all children receive anti-tobacco education.		n = 495
Strongly agree	85.8%	(± 3.4%)
Somewhat agree	9.6	(± 2.7)
Somewhat disagree	2.7	(± 1.9)
Strongly disagree	1.9	(± 1.4)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 493
Strongly agree	84.5%	(± 3.8%)
Somewhat agree	8.9	(± 2.8)
Somewhat disagree	4.5	(± 2.4)
Strongly disagree	2.1	(± 1.5)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 484
Yes	42.6%	(± 5.0%)
No	57.4	(± 5.0)

* Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 226

Yes	21.5%	(± 5.9%)
No	78.5	(± 5.9)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 225

Yes	35.1%	(± 7.1%)
No	36.6	(± 7.1)
Don't know/Not sure	28.3	(± 6.4)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 70

Definitely yes	77.3%	(± 10.8%)
Probably yes	21.7	(± 10.8)
Probably no	1.1	(± 2.1)
Definitely no	0.0	(± 0.0)

There are more negative things than positive things about smoking.

n = 493

Strongly agree	91.3%	(± 2.8%)
Somewhat agree	7.9	(± 2.7)
Somewhat disagree	0.0	(± 0.0)
Strongly disagree	0.8	(± 0.8)

Smoking sometimes makes a person more attractive.

n = 494

Strongly agree	0.6%	(± 0.8%)
Somewhat agree	2.5	(± 1.9)
Somewhat disagree	7.9	(± 2.8)
Strongly disagree	89.0	(± 3.4)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 493

Strongly agree	5.7%	(± 2.4%)
Somewhat agree	5.5	(± 2.3)
Somewhat disagree	8.9	(± 3.0)
Strongly disagree	79.9	(± 4.1)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 488

Yes	17.7%	(± 4.0%)
No	82.3	(± 4.0)

* Estimates based on sample sizes less than 50 were omitted.

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 491	
Yes	10.0%	(± 3.2%)
No	90.0	(± 3.2)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 485	
Yes	18.0%	(± 3.9%)
No	82.0	(± 3.9)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 493	
Yes	11.6%	(± 3.4%)
No	88.4	(± 3.4)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 472	
Strongly agree	21.7%	(± 4.4%)
Somewhat agree	29.4	(± 4.6)
Somewhat disagree	14.8	(± 3.6)
Strongly disagree	34.1	(± 4.8)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 78	
We have talked about the dangers of tobacco use many times	84.8%	(± 8.6%)
We have had at least one conversation that I can remember	7.8	(± 6.4)
I don't remember a specific conversation, but my child knows how I feel	7.4	(± 6.3)
For now, I have not talked with my child about the dangers of tobacco use	0.0	(± 0.0)

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 79	
Yes	90.8%	(± 7.3%)
No	9.2	(± 7.3)

* Estimates based on sample sizes less than 50 were omitted.